

SEX AND RELATIONSHIPS EDUCATION POLICY

Date of Policy: Autumn 2018

Review Date: Autumn 2020

Mission Statement

'Where children are valued and success is recognised'

GUIDING PRINCIPLES

At Parsonage Farm we are fully committed to the principle of inclusion and the good practice which makes it possible. Therefore our children have the opportunity to be included in the full range of activities the school has to offer, including the SRE curriculum, which we believe to be an important part of your child's development.

This guidance highlights:

- How, who and when to teach SRE
- The changing needs of children in each year group
- The requirements and responsibilities of the school
- External agencies we will use to support SRE at PFPS

We aim to ensure that our children have the confidence, maturity and emotional wellbeing to move from childhood, to adolescence and throughout adulthood. For SRE to be taught effectively it should be embedded following a whole-school approach across the curriculum with a specific focus on PSHE/circle time discussion, Literacy, RE and Science.

We aim to involve parents and carers, give staff appropriate training and support and ensure that pupil's views are listened to. The successful teaching of this is essential if young people are to make responsible and well-informed decisions about their lives.

Across the curriculum we will focus on:

Attitudes and values:

- Learning the importance of values and individual conscience and moral considerations
- Learning the value of respect, love and care
- Exploring, considering and understanding moral dilemmas
- Developing critical thinking as part of decision-making

Personal and social skills:

- Learning to manage emotions and relationships confidently and sensitively
- Developing self-respect and empathy for others
- Learning to make choices based on an understanding of difference and with an absence of prejudice
- Understanding that choices have consequences
- Manage friendships

- Learning how to recognise and avoid exploitation and abuse (year 6)

Knowledge and understanding:

- Learning and understanding physical development at appropriate stages (year 5 and 6)
- How to look after our bodies through good hygiene, healthy eating and exercise (Change for life)

The aims of SRE

We will provide a graduated, age-appropriate SRE programme emphasising the social and emotional aspects of relationships.

Education about relationships will start in Reception and continue to year 4 and will focus on the building of self-esteem by encouraging children to:

- Value themselves
- Recognise and communicate their feelings
- Form friendships and relationships
- Be confident with talking to others with concerns
- Understand that it is ok to make mistakes as long as we learn from them
- Develop empathy for others less fortunate than ourselves
- Develop the confidence to be an individual
- Understand that we show everyone unconditional acceptance
- Keep themselves safe on the internet
- Understand the significance of stranger danger

SRE should help years 5 to 6 to understand:

- The reasons for the physical and emotional changes that take place at puberty
- The range of their own and others' feelings and emotions
- The importance of personal safety and what to do or to whom to go when feeling unsafe
- Drug education and safety

Implementation

Class teachers are responsible for their own class organisation and teaching style in relation to SRE, while at the same time ensuring these complement and reflect the overall aims of the school. There are some aspects of the curriculum, particularly around puberty, that may be taught in same sex groupings by a teacher of the same gender or by the school nurse. Children with special educational needs and learning difficulties will be included in SRE with activities differentiated according to individual need. Class teachers should endeavour to answer pupil's questions honestly and appropriately. The class teacher should use their discretion to answer questions appropriately, seeking a different time/ place if necessary or referring the question to a more appropriate adult e.g. parent.

Science Curriculum

Lower school:

- Children will learn that animals including humans have offspring that grow into adults
- Children will learn the importance of exercise, eating a balanced diet and personal hygiene including washing hands

Upper school:

- Describe the life processes of reproduction in some animals and plants
- Children will understand the difference of life cycles of mammals, amphibians, insects and birds
- Understand that humans develop and change as they reach old age.

Year 6:

- Recognise the impact of diet, exercise, drugs and lifestyle choices on their body functions.

External agencies and support

- We work very closely with our school nurse. She delivers a range of age appropriate discussions based on puberty and the menstrual cycle for girls. She is available for parents to talk to her should they have any further questions and ways in which they can prepare their child at home.
- Through links with the LA, our Year 6 children have an annual talk from a rehabilitated drug offender. He shares his experiences around drugs, alcohol abuse, exploitation and what factors led up to him offending. He gives children advice on how to avoid these factors and how to keep themselves safe.
- We work closely with our local community support police and invite them in regularly to discuss local key issues that may impact on our children's lives like bullying, theft, physical violence and keeping safe on the streets.

Statutory Requirements

Those parts of the SRE program that are included as part of the Science Curriculum are statutory for all. However, although parents have the right to withdraw their children from all other parts of the SRE programme, it is hoped that all pupils will take part.

Teachers cannot offer children confidentiality and must report anything of concern to the DSL, who will act appropriately and follow guidelines set out in the school's Child Protection Policy. (See policy)

Procedures for monitoring and evaluating

This policy will be available for all staff, parents and carers via school website.

This Policy was agreed by The Full Governing Body on: 4th October 2018